



175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org

Baked Tofu Shopping List

Makes 4 servings.

- Low sodium soy sauce
- Garlic clove (or garlic powder)
- Fresh ginger
- Vegetable oil
- 1 Package Tofu (firm or extra firm, water packed, 14 ounces, drained)
- 1 Lime