



175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org

## **Cauliflower Mac 'n' Cheese Shopping List**

- Olive oil
- 1 lb. cavatappi or other short pasta
- 1 2lb. head Cauliflower
- Garlic
- Large yellow onion
- Kosher salt
- Extra-sharp white Cheddar cheese
- Parmesan cheese
- Mustard powder
- Cayenne pepper
- Panko breadcrumbs
- Fresh parsley