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## Dark Chocolate Dipped Strawberries

*Makes 12 servings. Recipe adapted from AARP.*

### Ingredients

1/2 cup bittersweet chocolate chips

12 large strawberries or 24 small, stems attached (if available), at room temperature

Optional: 2 tablespoons freshly grated lime zest

### Nutritional info per serving

Calories:	35
Total fat:	2g
Cholesterol:	0g
Sodium:	0mg
Total Carbs:	5g
Dietary Fiber:	1g
Protein:	20g

### Directions

1. Line a baking sheet with parchment or wax paper.
2. Place chocolate chips in a small glass bowl. Microwave on medium for 1 minute. Stir, then continue microwaving in 20-second intervals until melted, stirring after each interval. (Alternatively, melt in the top of a double boiler over hot, but not boiling, water.)
3. Dip half to two-thirds of each strawberry into the melted chocolate. Let the excess drip back into the bowl. Place the dipped fruit on the prepared baking sheet. Sprinkle lime zest over the chocolate. Refrigerate until the chocolate is set, about 30 minutes.