



175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org

Egg White Breakfast Bites Shopping List

- Cooking spray
- 12 large egg whites, or 1-1/2 cups pasteurized egg whites
- Light or regular sour cream
- Baby spinach
- Jarred roasted red peppers
- Green onions
- Kosher salt
- Fresh black pepper
- McCormick Italian seasoning
- Grated parmesan cheese