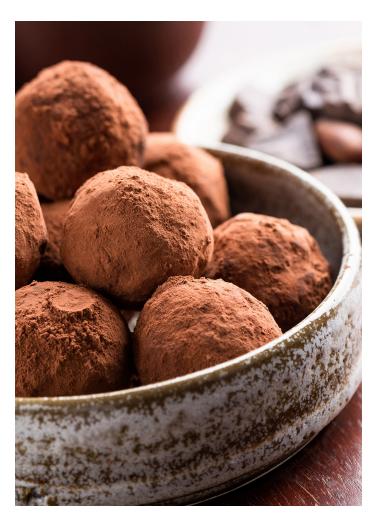


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No Bake Keto Chocolate Truffles

Makes 15 truffles. Recipe from delish.com

Ingredients

1 cup dark chocolate chips, melted

1 medium Hass avocado, mashed

1 teaspoon vanilla extract

1/4 teaspoon Kosher salt

1/4 cup cocoa powder

Nutritional info per truffle

Calories:	20
Total fat:	2g
Sodium:	35mg
Total Carbs:	2g
Dietary Fiber:	1g
Sugar:	0g

Directions

- 1. In a medium bowl, combine melted chocolate with avocado, vanilla, and salt.
- 2. Stir together until smooth and fully combined.
- 3. Place in the refrigerator to firm up slightly, 15 to 20 minutes.
- 4. When chocolate mixture has stiffened, use a small cookie scoop or small spoon to scoop approximately 1 tablespoon of chocolate mixture Into your hand.
- 5. Roll chocolate in the palm of your hand until round, then roll in cocoa powder.
- 6. Store in a cool place covered in wax paper until ready to eat.
- 7. If sharing as a holiday treat, wrap individually in tissue paper and tie with ribbon.