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## **Mango Coconut Soup**

Makes 4 servings. Recipe from AARP.

## Ingredients

4 cups chopped mango + 2 Tbsp reserved chunks for garnish (4-5 large mangos)

- 1 cup orange juice
- 2 Tbsp lime juice
- 2 cups light coconut milk
- 1 Tbsp brown sugar
- 2 tsp grated ginger
- 1 scallion thinly sliced for garnish

## Nutritional info per serving

Calories:	178
Total fat:	4g
Cholesterol:	0mg
Sodium:	19mg
Total Carbs:	38g
Dietary Fiber:	3g
Protein:	3g

## Directions

- 1. Place all ingredients in a blender and pulse for a quick and delicious no-cook soup.
- 2. Chill
- 3. When ready to serve, pour or ladle into bowls, garnish with reserved mango chunks and sprinkle with sliced scallion tops.