



175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org

Maple-Mustard Glazed Chicken Shopping List

- Olive oil
- 4 (6-ounce) boneless, skinless chicken breast halves
- Fresh ground pepper
- Kosher salt
- Fat-free low sodium chicken broth
- Maple syrup
- Fresh thyme
- Fresh garlic
- Cider vinegar
- Stone-ground mustard