



175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org



## Rotisserie Chicken Salad

*Makes 6 servings. Recipe adapted from CHOBANI.*

### Ingredients

- 1 cup Chobani® Low-Fat Plain Greek Yogurt
- ¼ cup mayonnaise
- ¼ cup drained capers
- ½ cup diced red onion
- ½ cup diced celery
- 2 teaspoons fresh lemon juice
- ¼ cup chopped parsley
- 1 tablespoon chopped tarragon
- 1 teaspoon kosher salt
- 1 teaspoon fresh ground black pepper
- 1 rotisserie chicken chopped and shredded (about 3 cups)
- 12 slices whole wheat or rye bread
- 1 head Curly Leaf or Bibb lettuce
- 1 sliced ripe tomato

### Directions

1. In a mixing bowl, whisk together yogurt, mayonnaise, capers, onion, celery, lemon juice, parsley, tarragon, salt, and pepper.
2. Add chicken to bowl and toss until evenly combined.
3. Assemble 6 sandwiches with bread, lettuce, tomato, and chicken salad.